

Home-Start Cotswolds

Volunteer guidelines for transporting children in cars.

It is important that at all times children are transported **safely and legally**.

The law requires all children travelling in cars to use the correct child restraint until they are either 135 cm in height or the age of 12 (whichever they reach first). After this they must use an adult seat belt.

New regulations are expected to come into effect in December 2016 - meaning that backless booster seats will only be approved for children taller than 125cm and weighing more than 22kg.

It is the **driver's responsibility** to ensure that children under the age of 14 years are restrained correctly in accordance with the law.

An **appropriate child restraint** is one which:

- Conforms to the United Nations standard, ECE Regulation 44.04 (or R 44.03) or to the new i-size regulation, R129. Look for the 'E' mark in a circle on the label on the seat.
- Is suitable for the child's weight and height
- Is correctly fitted according to the manufacturer's instructions.

Child restraints are divided into categories, according to the weight of the children for whom they are suitable.

These correspond broadly to different age groups, but it is the **weight** of the child that is most important when deciding what type of child restraint to use.

For information on the different types of car seat please refer to www.childcarseats.org.uk/types-of-seat

We have a few in the office for you to borrow if the family you are visiting does not have one or does not have the correct one for you to use.

If in doubt contact the office.